JOBS, INTERNSHIPS, AND GRADUATE SCHOOL:

STRATEGIES FOR UVA PARENTS DURING COVID-19

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HISTORIC JOB LOSSES AND DEEP RECESSION

US jobless claims hit new record

A broader measure of unemployment, which includes people out of a job but who are not actively looking for work and people with a part-time job who want to be working full-time, also spiked in March.

Unemployment and underemployment

Source: Bureau of Labor Statistics via FRED

Image: Business Insider/Andy Kiersz
Internships and summer experiences are in decline Week-over-Week and Year-over-Year

*Data reflects activity March 10th – April 18th
*Data only reflects newly created postings during this time period
75% of students are reporting a change in summer plans.

This is supported by national surveys distributed by GitHub and Candor.

### UVA Survey Summary

<table>
<thead>
<tr>
<th>Status</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Actively Hiring</td>
<td>18%</td>
</tr>
<tr>
<td>Remote/Virtual</td>
<td>25%</td>
</tr>
<tr>
<td>Hiring Freeze</td>
<td>15%</td>
</tr>
<tr>
<td>Pending</td>
<td>42%</td>
</tr>
</tbody>
</table>
INTERNSHIPS ARE AT RISK.

EMPLOYERS HAVE CANCELLED:
Examples: Gartner, WillowTree, State Farm, GEICO, Hilton, and the CFA Institute

PLANNING TO MOVE THEIR INTERNSHIPS VIRTUALLY:
Examples: IBM, PwC, CapTech, and Mastercard
UVA Career Center mission remains the same

University Of Virginia Career Center Engages And Supports Students In The Discovery And Pursuit Of Meaningful Lives.
But our approach is adapting based on steps we have taken the past few years.
“My job offer was retracted.”

“I’m ready to start my career search. Now what?”

RESOURCES FOR STUDENTS

4th Year Action Plan

1. Review COVID-19 Career Q&A online
2. Set up virtual appointment with Career Counselor.
3. Use Online tools to get in shape:
4. Attend relevant upcoming events:
   - April 30: Alumni Panel: Job Searching in a Challenging Economy
   - May 14th and 19th: Hoos In Your Network
   - Numerous industry-specific and school specific programs
Internship Action Plan

1. See steps 1-4 on previous slide!

2. You still need to get experience:
   - Expanded Coursera offerings with accompanying “virtual meet ups”
   - Career Accelerator Project-based Learning
   - College LaunchPad program

“My internship was cancelled.”


RESOURCES FOR STUDENTS

“I want to work on career exploration while social distancing.”

Exploration Action Plan

1. See steps 1-5 on previous slide!


3. Online Tools
   • PathwayU for exploration of careers
   • Virginia Alumni Mentoring (VAM) for connections to alumni

4. You still need to get experience:
   • Expanded Coursera offerings with accompanying “virtual meet ups”
   • Career Accelerator Project-based Learning
   • College LaunchPad program
"I am considering med school or other graduate schools. Has the application process been affected?"

**Grad School: Issues**

- Academic: Credit/No Credit, Entrance Exam changes
- Experiential: Fewer opportunities to gain experience (clinical, law, skill-building)
- Timing: Changes due to entrance exam changes, deciding on the right year to apply

**Grad School: Action Plan**

1. Seek guidance from virtual career counselor
2. Attend relevant virtual events:
   - Med School Application Q&A
   - Ask Me Anything – Pre-Health
   - Ask Me Anything – Pre-Law
   - Graduate School Panel, sponsored by ECO
   - Virtual advising through all offices
Summary Key Actions (take a picture of this slide 😊):

**Exploration**
- Virtual Career Counselor Meeting
- Design Your Life During Covid-19
  - May 12, 13 or May 21, 22

**Community/Connection**
- Hoos In Your Network, May 14th or 19th
- Virginia Alumni Mentoring

**Experience**
- Coursera
- Career Accelerator Project-based Learning
- College “LaunchPad” program
As we look beyond the immediate:

- Fall Employer On-Grounds registration – 40+ employers in 24 hours
- Contingency planning for Fall
- Assisting graduates through December
- Alumni Career Services also available
HOW CAN PARENTS, ALUMNI AND EMPLOYERS HELP?

• Virginia Alumni Mentoring

• Virtual Opportunities for Employer Partners

https://career.virginia.edu/VirtualEngagementwithUVA/EmployerPartnerships
As we look beyond the immediate:

Amanda Wills

VP - Talent Acquisition - Campus Recruitment

MasterCard

B.S. Commerce, UVA
As we look beyond the immediate:

Tim Davis, PhD
Associate Professor of Leadership and Public Policy
“I had thought the destination was what was important, but it turned out it was the journey.”

- Clayton M. Christensen,
  How Will You Measure Your Life